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Interested in learning First Aid?



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The British Red Cross Society, incorporated by Royal Charter 1908, is a charity registered in England and Wales (220949) and Scotland (SC037738)

Inclusive

First Aid

First Aid for people with disabilities
In Kent



What would you do.....?

... If you cut yourself?

... If your friend had an epileptic seizure?

... if someone in the street had a heart attack?

... if your friend broke their arm?

You can learn what to do to help!

What can I learn?

Incident management



Calling the emergency services



Recovery position



CPR



Choking



Blood loss



Burns



Fractures



Medical conditions



Accident prevention

